# Kitchen Cleanup + Menu Planning Bingo 

Cross these off as you go and share photos within the group. Five in a row gets a BINGO!

Throw away old spices + seasoning blends in your kitchen. Organize them.

Let's see some lunches prepped and ready to go!

Share a
photo of a healthy food in your fridge that was also inexpensive.

Remove excess clutter from kitchen counters.

Throw away any junk food that you are not able to avoid eating.

Let's see your cleaned and prepped veggies!

Organize your dish towels and oven mitts.

Purge and organize your kitchen junk drawer.

Do you have a bin for quick, easy snacks? Let's see it!

Discard and/or donate items in your pantry you aren't using.

Shop for healthy foods. Share a photo of your haul!

Organize your pots, pans + cookware along with their lids.

Food prep when you get done grocery shopping.

After you plan your menu, create a shopping list. Show us!

Make a double batch of a healthy meal and freeze the second one.

Clean your oven and microwave.

Organize cups, mugs, bowls + plates

Clean and organize the items under your kitchen sink.

Organize the items in your kitchen utensil drawer.

Match all your plastic containers and lids. Recyle the mismatches.

Make a plan for your leftovers. Let's see it!

